



## Intensive EFL Program (4-Weeks)

The *'Intensive EFL Program'* of the *Lasallian Language Center of De La Salle Araneta University* is an intensive multi-level program, which immerses students in an interactive, lively and motivating environment. Through a systematic, modular approach, the students are exposed to all aspects of language learning. Particular attention is paid to grammar, vocabulary development, pronunciation, and the skills of reading, writing, listening and speaking. The courses are designed to provide the students with maximum exposure to the English language through authentic, interesting and current subject matters.

### Program Duration

- Flight schedule for the first batch: Dec 20, 2025 (Sat) – Jan 17, 2026 (Sat)
- Flight schedule for the second batch: Jan 17, 2026 (Sat) – Feb 14, 2026 (Sat)

### Academic Schedule (Flexible depending on the subject)

Schedule		
Batch 1 (4 weeks)	Level Test & Entrance ceremony	Dec 22, 2025 (Mon)
	Regular Class	Dec 23, 2025 (Tue) – Jan 15, 2026 (Thu)
	Final Examination & Graduation	Jan 16, 2026 (Fri)
Batch 2 (4 weeks)	Level Test & Entrance ceremony	Jan 19, 2026 (Mon)
	Regular Class	Jan 20, 2026 (Tue) – Feb 12, 2026 (Thu)
	Final Examination & Graduation	Feb 13, 2026 (Fri)

### Regular Curriculum (8hrs/ day)

Class	Class Size	Class Hours
Individual	1:1	3hrs/day
Small Group	1:5	2hrs/day
Big Group	1:10	2hrs/day
Micro-learning	Group	1hr/day

- Each student is assigned to various class groupings - individual, small group or big group.

### Subject Titles

- **Total:** 6 Subjects    **Class hours:** 160 hours  
(including orientation, entry level test, graduation and Philippine legal holidays)

Class Types	Subject Titles	Class Hours	Total Class Hours
One on One (1:1)	Power Speaking	1hr/day	20 hours
	Language Builder	1hr/day	20 hours
	Practical Writing	1hr/day	20 hours
Small Group (1:5)	Current Issues	1hr/day	20 hours
	English for Specific Purposes	1hr/day	20 hours
Big Group (1:10)	Culture and Society	1hr/day	20 hours
	Effective Listening	1hr/day	20 hours
Group	Micro-learning	1hr/day	20 hours



### General Assessment

Students are assessed based on assignments and examinations for every subject. The final grade for the subject is based on the following criteria:

- In general, the assessment for most subjects is a combination of assignments and exams.
- Assessment for each subject comprises of coursework and examination fundamentally, but this may vary according to each subject.
- Assignments: various tasks to be completed after class
- Results of examinations are cumulative and official grades are posted after the assessment period.

Evaluation items		One on One	SGC	BGC
<b>Coursework (60%)</b>	Attendance	10 %	10 %	10 %
	Assignment	25 %		
	Weekly Tests	25 %	40 %	40 %
	Class participation		10 %	10 %
<b>Examination (40%)</b>	Final Exam	40 %	40 %	40 %

### Daily Schedule

Time	Schedule	Time	Schedule
08:00-08:50	Breakfast	13:50-14:00	Proceed to DLSAU-LLC
08:50-09:00	Proceed to DLSAU-LLC	14:00-14:50	5th Class
09:00-09:50	1st Class	15:00-15:50	6th Class
10:00-10:50	2nd Class	16:00-16:50	7th Class
11:00-11:50	3rd Class	17:00-17:50	Micro-learning*
12:00-12:50	4th Class	18:00-19:00	Dinner
12:50-13:50	Lunch	22:00-22:20	Roll Call

\* 10-minute break in between the classes

\* Micro-learning schedule is flexible

Self-learning time (19:00-21:50 / 22:20-02:00): Monday-Friday (Review/Preparation/Assignment)

### Policies

- **English Only Policy (EOP):** Students are required to speak English at the Language Center. Violations will incur detentions (forced study period from 19:00 to 20:00)
- **Mandatory Attendance:** Students must keep their attendance above 90%. Students with below 90% attendance fail the course and forfeit their certificates.
- **Tardiness:** Students are expected to arrive at the classroom on time. Two times tardy is counted as one absence. Even one minute late is still counted as one tardy.

### Special Activities

- **Language-on-Foot Activities:** Interviews and survey communication (Small Group Class)
- **Manila Tour:** Visiting major historical and cultural sites Philippines (Big Group Class)
- **Exchanging activities in DLSAU Campus:** Participating in festivals and special events.
- **Mindoro Tour & Pagsanjan Falls Tour:** Cultural trip giving the students opportunity to learn the Philippine culture



**Academic Calendar**

● **First batch 4 weeks**

Dec 20, 2025 – Jan 17, 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Pre-departure orientation					12/20 <b>Arrival</b>
21 <b>Open Cell / Shopping / M, Change</b>	22 <b>Level test &amp; Welcome Cerem</b>	23 Regular Class (Business English)	24 Regular Class Essay 1 SGC A LOF 01 SGC B Output 01	25 <b>Christmas</b>	26 Regular Class (Business English)	27 <b>Manila tour</b>
28	29 Regular Class Voca test Essay 2 (Business English)	30 <b>Mindoro Fieldtrip</b>	31 <b>Mindoro Fieldtrip</b>	1/1 <b>Mindoro Fieldtrip</b>	2 Regular Class Essay 3 (Business English)	3 Regular Class CS Weekly Output 1
4	5 Regular Class Voca test (Oral Presentation)	6 Regular Class Essay 4 (Oral Presentation)	7 Regular Class SGC A LOF 02 SGC B Output 02	8 Regular Class Essay 5 (Oral Presentation)	9 Regular Class CS Weekly Output 2 (Oral Presentation)	10 <b>AQUA PLANET</b>
11	12 Regular Class Voca test (Oral Presentation)	13 Regular Class Essay 6 (Oral Presentation)	14 Regular Class SGC A LOF 03 SGC B Output 03	15 Regular Class Essay 7 (Oral Presentation)	16 <b>Final test &amp; Graduation</b>	1/17 <b>Departure</b>

● **Second batch 4 weeks**

Jan 17, 2026 – Feb 14, 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Pre-departure orientation					1/17 <b>Arrival</b>
18 <b>Open Cell / Shopping / M, Change</b>	19 <b>Level test &amp; Welcome Cerem</b>	20 Regular Class (Business English)	21 Regular Class Essay 1 (Business English)	22 Regular Class (Business English)	23 <b>Manila tour</b>	24
25	26 Regular Class Voca test (Business English)	27 Regular Class Essay 2 (Business English)	28 Regular Class Essay 3 SGC A LOF 01 SGC B Output 01	29 Regular Class CS Weekly Output 1 (Business English)	30 <b>Mindoro Fieldtrip</b>	31 <b>Mindoro Fieldtrip</b>
2/1 <b>Mindoro Fieldtrip</b>	2 Regular Class Voca test (Oral Presentation)	3 Regular Class Essay 4 (Oral Presentation)	4 Regular Class SGC A LOF 02 SGC B Output 02	5 Regular Class Essay 5 (Oral Presentation)	6 Regular Class CS Weekly Output 2 (Oral Presentation)	7 <b>AQUA PLANET</b>
8	9 Regular Class Voca test (Oral Presentation)	10 Regular Class Essay 6 (Oral Presentation)	11 Regular Class SGC A LOF 03 SGC B Output 03 Essay 7	12 Regular Class Essay 5 (Oral Presentation)	13 <b>Final test &amp; Graduation</b>	2/14 <b>Departure</b>